

Artistic morsels set to celebrate a milestone

By Ben Bulmer

It's a Gatineau Hills eatery known for creating dishes that are works of art – and for one night only, they'll step it up a notch and cook up a feast for the eyes and the palate.

'Edible Art' is a collaborative event being presented by Galerie Old Chelsea and Les Fougères restaurant on Oct. 23 to celebrate the gallery's 25 years in business. The gourmet food evening is the third of three special events that have taken

painting to photography and sculpture.

"For centuries, artists have been interested in, and painted, and represented food in many different ways," said Grenier, adding that the edible art event continues on the theme of 'what art is', following on the heels of a Wearable Art exhibit presented earlier this year.

"It's to show that art is everywhere... It's in the landscapes that surround us, it's in the food we eat," said Grenier.

Food is not just about taste,

of its collaborative nature.

"I think the reason is because it's a collective, it's a cooperative," she said. "We all have to pitch in." And the gallery has "wonderful and diverse" work. "It's all run by the artists themselves. It makes it all the more interesting when somebody comes in they can speak about the work."

Grenier admits she doesn't quite know how Les Fougères will manage to make their dishes more artistic than they already are, and says she's



Sylvie Grenier's painting "Beets Me" will be displayed at Galerie Old Chelsea from Oct. 20 to Oct. 27. Each of the ten associate artists will have a piece on display celebrating the gallery's 25th year.

Photo courtesy Sylvie Grenier

place over the year to celebrate the milestone.

In addition to the gourmet edibles, the 10 artists who run the not-for-profit gallery located above the restaurant on Hwy 105 are each displaying a piece of work on the theme of food.

Artist Sylvie Grenier said the art exhibition will showcase the different artists' disciplines and include everything from

said Grenier, despite that we tend to think about taste when we think about food – but taste is actually the least powerful of our senses. "Looking at it is extremely important," she said. "One of the first things we see is the appeal it has with our eyes and with smell...and tasting comes at the end."

Grenier says the gallery has managed to stay strong because

intrigued by what will come out of the kitchen. Plenty of art and food lovers were equally intrigued, and the event is sold out, so those without tickets are out of luck.

The gallery show runs from Oct. 20 to 27 with the sold out Edible Art event taking place on Oct. 23. For more information, go to www.galerieoldchelsea.ca.